

## **GFR 60-89 ml/min (Stage 2)** <sup>[1]</sup>

After determining a patient's stage of CKD, a doctor will prescribe the best treatment for him or her. During the first two stages of kidney disease a doctor may recommend limiting protein in the diet, controlling blood sugar and blood pressure levels, stopping smoking, exercising and practicing overall healthy habits.

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**Source URL:** <http://www.dpcedcenter.org/gfr-60-89-mlmin-stage-2>

### **Links**

[1] <http://www.dpcedcenter.org/gfr-60-89-mlmin-stage-2>